The Opening

18th August 2023 - 06:00

https://divineconvergence.love/

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In that first meditation, simply go inside, make sure that your space is clear, that you are sitting comfortably, deeply, in your inner self, and that the mind is absent for the duration of this retreat, the outer mind should be absent to a great degree, while the inner intelligence, quietly exploring the space within, in this case, will be focusing again on the heart, so the intelligence is exploring the heart, and is surrendering to the heart, disappearing in the heart. And make sure that you are in touch with your highest intention, intention that, as much as it is yours, it is ultimately from the Divine, who lives through you, and who is seeking his way back through you to himself.

So, in this first retreat, first meditation, you will be sitting quietly, and I would like you to just be intimate with your inner self, and make sure that all energy is settled, in your head space, in your being, in your overall existence.

Within you, there is another being growing. There is your soul. There is your being. There is your heart.